Building Strong and Vibrant Rural Communities and Local Economies: Role of Community Builders

Part 2

Facilitated and presented by: Peter Kenyon

Can figure out what these seven words all have in common-

- 1. Banana
- 2. Dresser
- 3. Grammar
- 4. Potato
- 5. Revive
- 6. Uneven
- 7. Assess

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- 1. ananaB
- 2. resserD
- 3. rammarG
- 4. otatoP
- 5. eviveR
- 6. nevenU
- 7. ssessA

Problem Scenario

You are driving in a car at a constant speed.

On your left is a valley and on your right is a fire engine traveling at the same speed as you.

In front of you is a galloping pig which is the same size as your car and you cannot overtake it.

Behind you is a helicopter flying at ground level.

Both the giant pig and the helicopter are also traveling at the same speed as you.

What must you do to safely get out of this highly dangerous situation?

Solution

Never ride the children's merry go round when you are drunk. Get off. You will be

'Finished files are the result of years of scientific study combined with the experience of many years of experts.

How many 'f' s do you see from 'Finished ' to 'experts'?

'Strength lies in differences, not similarities' (Stephen Covey)



Facilitation

French word -"facile", and Latin word "facilis" - "easy to do, to make easy"

"The facilitator functions much like the conductor of a symphony, orchestrating and bringing forth the talents and contributions of others...

"A facilitator is a process guide; someone who makes a process easier or more convenient to use. Facilitation is about movement- moving from A to B. The facilitator helps to guide group members towards their chosen destination. Facilitation makes it easier to get to an agreed destination (Hunter et al)





How to make the perfect cup of...

CommuniTea

- Discard old disputes, feuds & ideologies at the door
- · Be mindful of what really matters
- Share your passions & what you care about
- · Listen with respect and curiosity
- Share the airtime give everyone a chance to speak
- Focus on the positive futures rather than debate the past.

EAT CAKE AND ENJOY!



What passions or skills do you have that you'd like to contribute towards a community cafe?



































"We now give back \$100 a month to community causes. So far we have donated to the local youth group, the local youth performing arts group, the fire station, our community yoga group, and we have paid for the replacement of our community's defibrillator pads. We have also repaid the seeding grant that was given to us by the local Christian community." - Emma Sherie





Celebrating in style: from left, Rex Wishnowsky, Emma Sherie, Pic Neilson, Lesley Towart, Eliza Allington, Tania Craig, Gill Ebborn, Chrissy Spillett, Ariel Linklater, Brent Dyhrberg, and Lynn Stoddart. Absent: Tracey Bovey. Photo: supplied

CommuniTea celebrate in style

Becky Manawatu

It was a 1950s themed get-together as Communi-Tea celebrated its one-year anniversary on Friday.

Initiative co-founder Emma Sherie said over 60 people turned up for the celebration.

Bradley's Coachlines put on a free bus for members of Buller Reap's Older and Bolder.

Ms Sherie said that for a lot of the Older and Bolder members it was their first time at the weekly event, held each Friday.

She'd been prompted to help start CommuniTea when she was suffering from severe depression and felt disconnected from her community.

A workshop with community development advisor Peter Kenyon had given her the courage to launch CommuniTea.

She said that a year on, "CommuniTea healed my heart".

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She encouraged anyone thinking of starting something within a community to "give it a go. You have nothing to lose".

Mr Kenyon has invited Ms Sherie to present the story of CommuniTea at the National Community Engagement Conference in Canberra in August.

CommuniTea provides fresh baking, tea and coffee and caters to about 30 to 60 people each week.

When it began, organisers aimed to give people a place to share skills, Ms Sherie said. They'd had local artists perform, artwork displayed, and educational talks from the Fire Service and other non-government organisations.

"Colin has been coming every week since we first began CommuniTea. His wife died a few years ago and he lives alone now. He is the first one in the door every week and one of the last to go. He table hops around the room and chats to everyone. Colin is exactly why I wanted to create a space like CommuniTea."



-Emma Sherie



"CommuniTea has healed my heart!"

-Emma Sherie

The Example of Pam Warhurst



The Power of Small Actions

Most importantly, we are not daunted by sophisticated arguments that say, 'These small actions are meaningless in the face of tomorrow's problems,' because I have seen the power of small actions, and it is awesome.

Passion



Passion

'A person without a smiling face must not open a shop'

(Chinese Proverb)

TIP: Have fun!



Have Fun!

"Why call a meeting, when you can have a party"

-Jim Diers



Importance of Fun

'The usual trouble with volunteers is not killing them with overwork, but boring them to death' -Harold Seymour

'USE HUMOUR-

'If I can get you to laugh with me, you'll like me better, which makes you more open to my ideas'

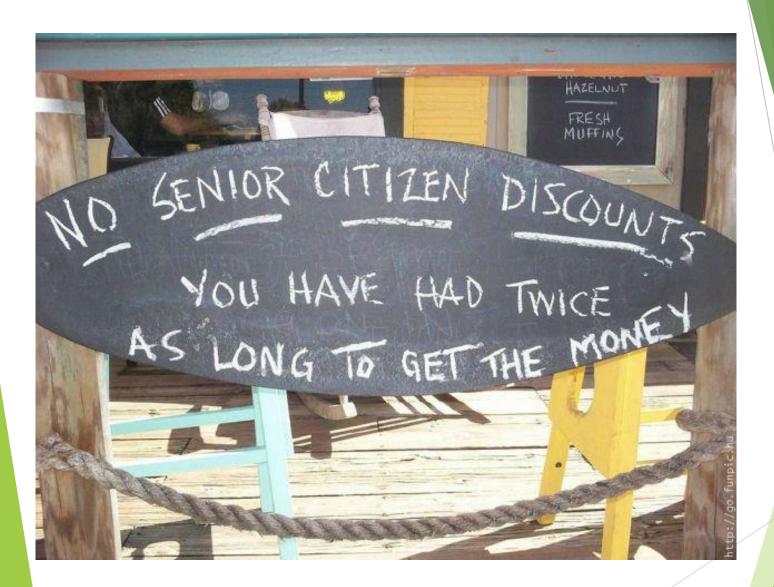
-John Cleese













Key ABCD Facilitation Roles

- *Community Engagement
- *Community Connecting
- *Asset Mapping
- Hosting of Conversations
- *Network Weaving
- Storytelling

Genuinely and authentically engage with community members

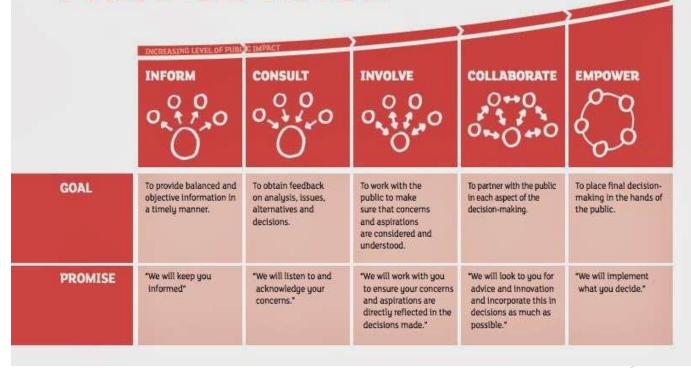
Engagement is figuring things out together' (Vince Varian)



international association for public participation

AUSTRALASIA

IAP2 SPECTRUM OF PUBLIC PARTICIPATION



Public Participation Spectrum

Increasing level of public impact

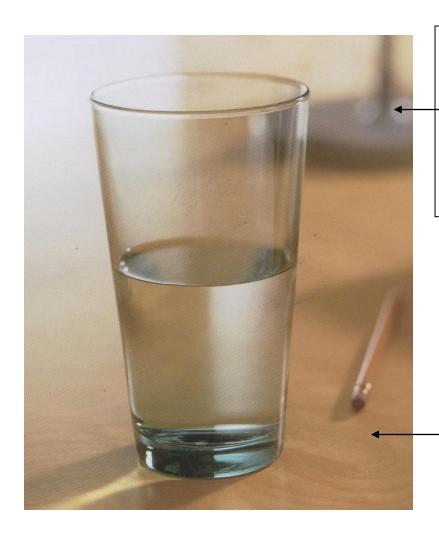
Inform Consult Involve Collaborate Empower



.bankofideas.com.au

Practical Techniques and Tools – Content

- 1. Introduction
- 2. Concepts and Definitions
- 3. Key Guiding Principles of Effective Community Engagement
- 4. Steps in Successful Community Engagement
- 5. Community Engagement Tools
- 6. Community Conversation Methodologies
- 7. Who is a Facilitator?
- 8. Community Conversation Ground-Rules / Etiquette
- 9. Tips for Effectively Working with the Media
- 10. Resources for Community Engagement
- 11. Ten Great TED Talks Related to Community Building
- 12. Useful Tips for Recruiting Volunteers
- 13. Ways to Connect with the Neighbours

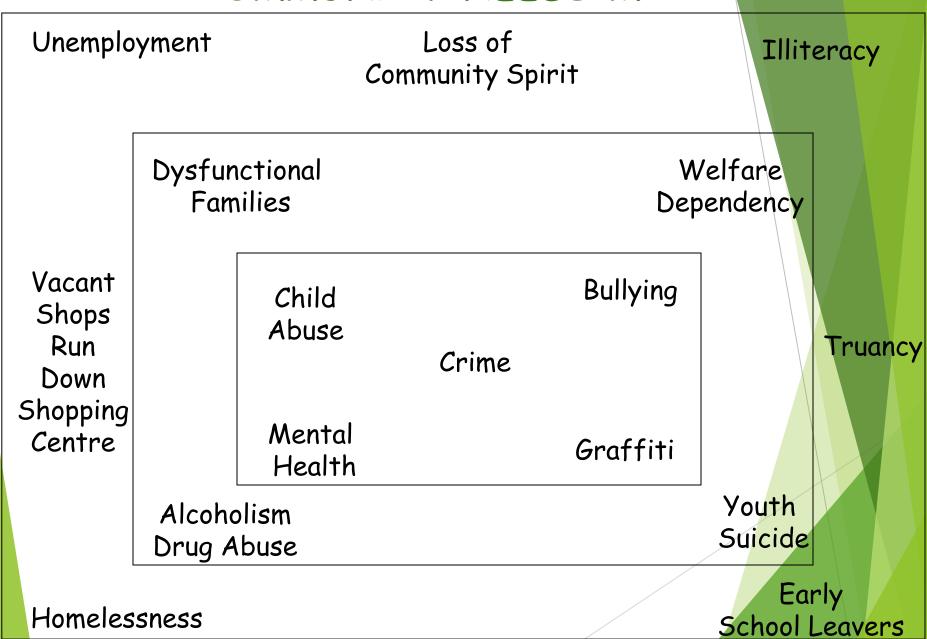


Communities

have
deficiencies
and needs

Communities
and it's
citizens
have
capacities
and assets

COMMUNITY NEEDS MAP



COMMUNITY ASSETS MAP



The Importance of Asset Mapping



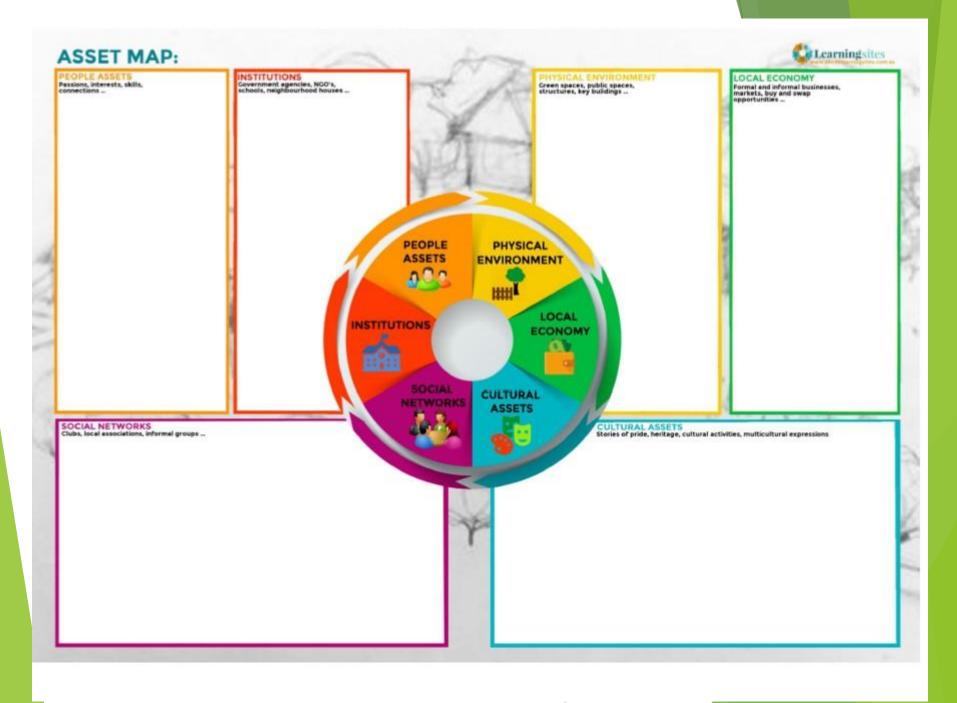
"Making the invisible, visible"

"At the end of the day, you cannot possibly know what a community needs, until they first know what they have "

-Cormac Russell

Six Key Categories of Community Assets

- People's passions, skills, connections and experiences and above all, what they care about
 - 2. The physical world
 - 3. Community associations
 - 4. Institutional assets
 - 5. Economic/business assets
 - 6. Cultural assets-stories, traditions, heritage



Community Skills and Passion Audit

Our organisation seeks to inspire and support local residents to discover the strengths and opportunities of our local community, and engage in community projects that 'make a difference'. This audit sheet seeks to identify community residents who may be able to share their interests and experiences with students.

Any information shared will only be shared with your permission.

Name:	Today's Date:
Position:	
Address:	
Contact No:	Email:
Please list 2 – 4 things i	n each category – things you are happy for us to know about you.
HEAD (things I know something history, conservation, business main	about, and would enjoy talking about, or teaching to others about, e.g. local nagement etc)
HANDS (things I know how to d cooking, jewellery making, using th	o and enjoy, e.g. project organisation, gardening, painting, rock climbing, e internet, sign language etc)
HEART (things I care deeply ab rights, youth unemployment etc)	out, e.g. environment, intergenerational activities, animal welfare, women's
COMMUNITY INVOLVE	MENT (groups / committees / clubs I am a part of)
be kept on file and sto	rm to our group postal () or email (). This information will red in the school office. Information can be updated at any time.

The key asset we need to discover is "What people care about"



Saturday, July 26, 14

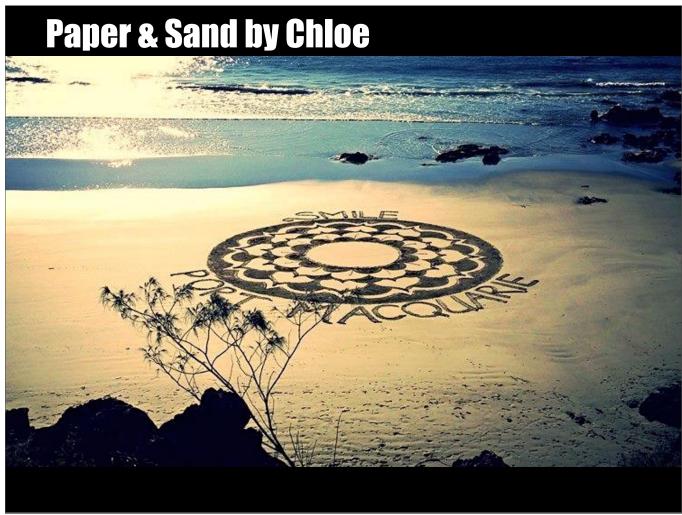
Paper & Sand by Chloe

Saturday, July 26, 14

Paper & Sand by Chloe



Saturday, July 26, 14



Saturday, July 26, 14



Key C B Question:

Whose gifts are under-utilised in the community?

Labelled People:



- Homeless Unemployed
- Low income person
- Non-English speaking
- Single parent
- Addict
- Offender
- Old person
- At-risk youth
- Person with disability





Jody Kretzmann



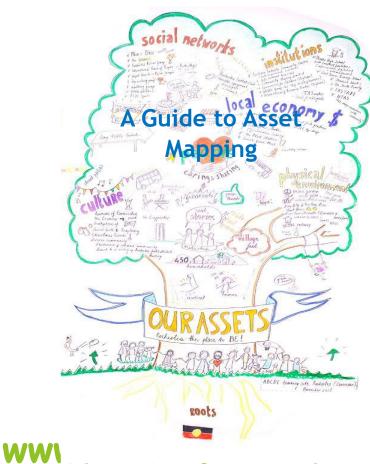
'EVERY LIVING PERSON HAS SOME GIFT OR CAPACITY OF VALUE TO OTHERS. A STRONG COMMUNITY IS A PLACE THAT RECOGNISES THESE GIFTS AND ENSURES THEY ARE GIVEN. A WEAK COMMUNITY IS A PLACE WHERE LOTS OF PEOPLE CAN'T OR DON'T GIVE THEIR GIFTS.'





'People really want to get involved. They really want to. They're looking for a way to turn their frustration, excitement, anxiety into action. The theme of my work in community for my entire life is that there are assets and gifts in community out there in communities, and that our job as good servants and as good leaders is having the ability to recognize those gifts in others, and help them put those gifts into action. Communities are filled with assets that we need to better recognize and mobilize if we're really going to make a difference'

A Useful B.O.I. Resource



n.au

Canadian Survey: Why People Volunteered 82% of respondents said:

because someone who they knew, asked them do something they liked

What passions or skills do you have that you'd like to contribute towards a community cafe?





HEAD

Things I know something about, and would enjoy sharing



HANDS

Things I know how to do and enjoy



HEART

Things I care deeply about



FEET

Contacts and Networks I have



HEAD

Local History

Don – dblack@gmail.com



HEART

Young people's active involvement in community

Don – dblack@gmail.com



HANDS

Creating a Facebook page

Don – dblack@gmail.com



FEET

Member of the local Rotary Club

Don – dblack@gmail.com





My BIG Idea for my community...

The "My Big Idea" Postcard is an opportunity to share your great ideas for your community (you know, the ones that come to you in the shower!).

Tell us your Big Ideas for what your community needs to look like, be like and feel like in the future ... and the best actions to make it a reality.

Your Big Ideas are about creating an exciting vision of your community's future.

"Nothing else in the world is as powerful as an idea whose time has come."

Victor Hugo





My BIG idea for our community is ...

And I could contribute to making it happen by ...

Name:

Contact phone/email:

"The best way to get great ideas is to have lots of them." (Thomas Edison)

50 THINGS KIDS SHOULD DO IN THE SHIRE OF KALAMUNDA BEFORE THEY TURN 12

- 1. Visit Statham's Quarry with your family.
- 2. Feed the ducks at Ollie Worrell Reserve in High Wycombe.
- Have an after school ice cream at Collodel's Ice Cream shop in Kalamunda
- 4. Do an adventure walk to the top of Lesmurdie Falls.
- 5. Jump in the Jumpy Castle at the Kalamunda Village Markets on the weekend
- Star gaze and look for UFO's at the Perth Observatory in Bickley.
- Find the following at Zanthorrea Nursery in Maida Vale a Zandersaurus, a "Yorn", "Trifid", "Jarrajack", "Stargazer" and an "Armillory".
- Feed the Koi in the Koi Pond at the Melville Nurseries and Rose Heritage Cafe in Carmel.
- Participate in one of the holiday activities at one of the Shire of Kalamunda Libraries.
- 10. Explore or walk your dog at Jorgensen Park.
- Be a pirate on the lookout at the top of the "birds nest" at Fleming Reserve.
- 12. Look for animals in the trees at Jacaranda Springs Park and find some frogspawn in the pond .
- Visit Kanyana Wildlife Centre and enjoy one of their evening animal tours.
- 14. Visit the Bird, Fish and Reptile Place in Wattle Grove.
- 15. Slide down a water slide at Kalamunda Water Park.
- Walk the Bibbumlum Track from Kalamunda to Mundaring Weir.
- 17. Camp out at one of the huts on the Bibbulmun Track.
- 18. Ride your BMX bike at the Hills BMX Club in Lesmurdie.
- 19. Attend 'Rhyme Time' at any of the Shire's Libraries.
- Play a game of outdoor chess on the giant chess set outside the Kalamunda Library.
- 21. Sit at the top of the Zig Zag and count all the city landmarks
- 22. Visit the Zig Zag Cultural Centre learn about how to be a tourist in your own Shire and see an exhibition displayed there.
- 23. Find some treasures at the Cyril Road monthly markets.
- 24. Pick fruits at a local orchard.
- Have a treasure hunt using chalk signs and clues throughout your neighbourhood.

- Visit the Kalamunda Historical Village during term break and participate in some of their holiday activities.
- 27. See a show at the Kalamunda Performing Arts.
- 28. Cycle part of the Munda Biddi Trail.
- Celebrate Australia Day with the family at the Shire of Kalamunda Australia Day Celebration in January.
- Have a picnic at Stirk Park and watch Free Jazz Concerts at 'Jazz in the Park' during February.
- 31. Attend "Breakfast in the Park" with the family in March.
- Watch a movie and some fireworks at the Corymbia Festival in March at Fleming Reserve in High Wycombe.
- Wear Orange and try food from a different culture during Harmony Week in March.
- 34. Attend the Kalamunda Agricultural Show in April.
- 35. Plant a new plant or a seed for Earth Week in April.
- 36. Go to the Bickley Carmel Harvest Festival in May.
- Go to the Pickering Brook Agricultural Show in May and watch the Fireworks.
- 38. Make Mum breakfast in Bed for Mother's Day in May
- Go to Fun Factory at the Maida Vale Baptist Church in July.
 Rent a costume from Hocus Pocus for Book Week in August.
- Have a look at all the great cars for the Kalamunda leg of 'Targa West' in August.
- Hand-make something for your Dad or Grandfather for Father's Day in September.
- Attend the Zig Zag Festival in October. Dress up in theme and watch the parade.
- Catch a bus to the top of the Zig Zag and do the Zig Zag Walk with the family in October.
- Visit the 'Romancing the Stone Garden' during their Open Day in October.
- 46. Go on a picnic with your Grandparents for Grandparents Day in ${\bf November}.$
- Attend a Family Fun Day in November at Lesmurdie Primary School.
- 48. Go to the St Barnabas Anglican Church Fete in December.
- Participate in all the fun activities at 'Christmas at the Fair' in December at Range View Park in High Wycombe.
- Go to Carols by Candlelight with your family at Stirk Park during December.

An Initiative of:



Sponsored by:







ALL WE NEED IS RIGHT HERE
Within the communities of the Shire of Kalamunda



www.allweneedisrighthere.org



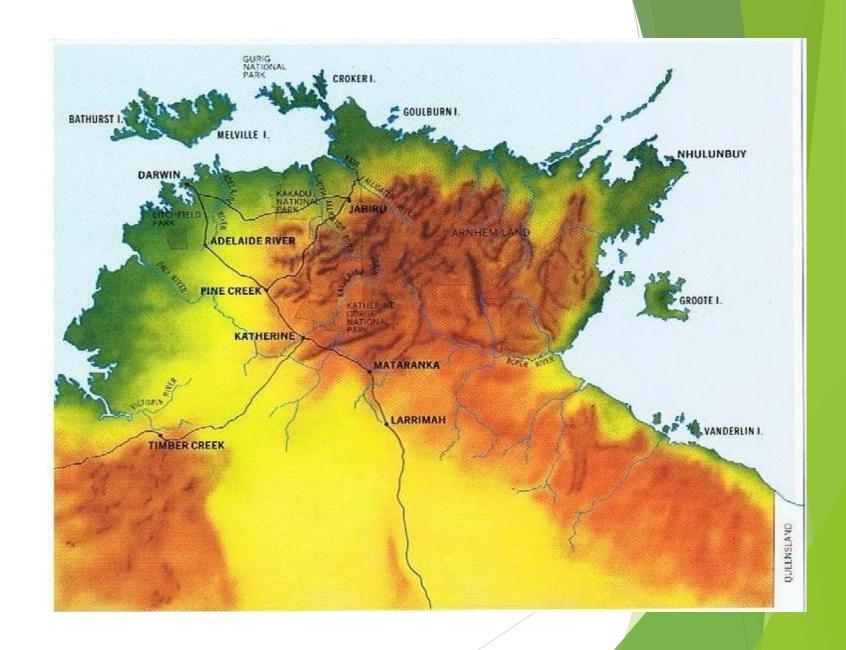
Three Club Questions-



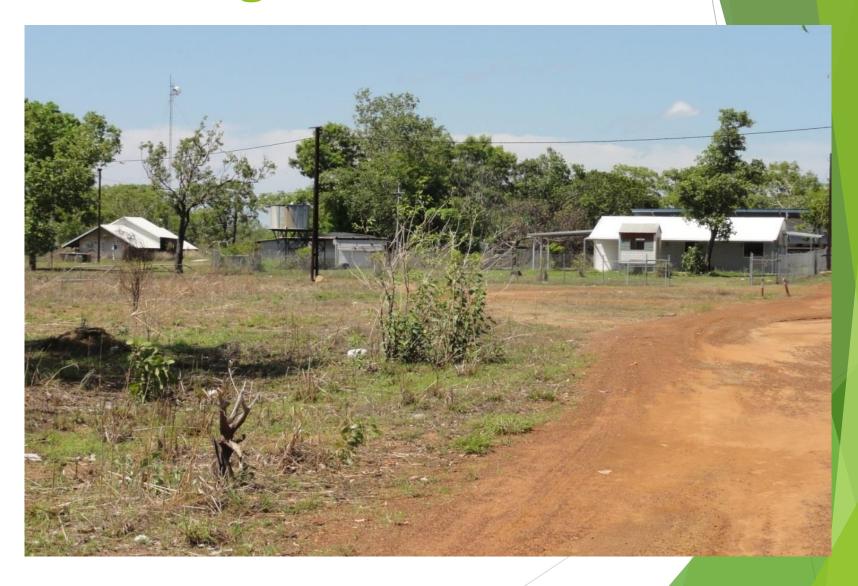
Denver D'Cruz
Inclusion Solutions

- What is your job?
- What are your two main passions?
 What skill could you contribute to our Club?

'Asset mapping is not data collection. Words on a list have no power. Purpose of asset mapping is to create relationships that mobilises and connects a community's assets for productive action.



Mudginbadi, Kakadu







Mark

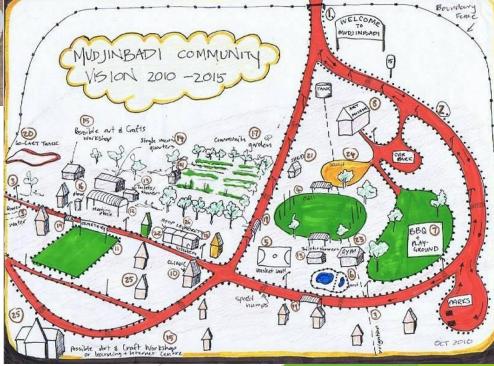
















Another Lesson from Munginbardi: Start with Conversation, not Meetings!

"A community is not a community without conversation"

-Brett Christic

Mary Lou Casey



"What most people need is a good listening to"

Host Learning

Conversations

"The most productive tool for generating good ideas remains a circle of humans sitting around a table, talking shop"

-Stephen Johr





Learning Conversations





Café Conversations









Celeste Headlee discussing "conversation competency"

10 Ways to have Better Conversation

- 1. Don't multi task be in the conversation
- 2. Don't pontificate assume you have something to learn
 - 3. Use open ended questions
 - 4.Go with flow
 - 5. If you don't know, say you don't know

- 6. Don'tequate your experience with theirs- all experiences are individual 7. Try not to repeat yourself
- 8. Forget the details
- 9. LISTEN
- 10. Be brief

"ALWAYS BE PREPARED TO BE AMAZED"

10 Tips to Better Conversation

- 1. Don't multi-task- be present
- 2. Don't pontificate
- 3. Use open-ended questions
- 4. Go with the flow
- 5. If you don't know, say you don't know.
- 6. Don't equate your experiences with their experiences
- 7.Don't repeat yourself
- 8. Get out of the weeds- forget the details
- 9. LISTEN!
- 10. Be brief

"Be prepared to be amazed!"

Celeste Headlee



Focus on Actions that Recruit Recognise and Retain Volunteers

'Volunteers are so essential a part of the complex mechanism of our communities that without them the whole fabric of society would be placed at risk'

Former Governor-General Sir Ninian Stephen

"28 useful Tips for Recruiting Volunteers"

"83 Ways to Retain, Recognise and Reward Volunteers"

Recognise and Reward Volunteers

'Volunteer burnout is doing too much, with too little, for too long'

-Source Unknown

'There are two things people want more than sex and money ...recognition and praise -Mary Kay Ash

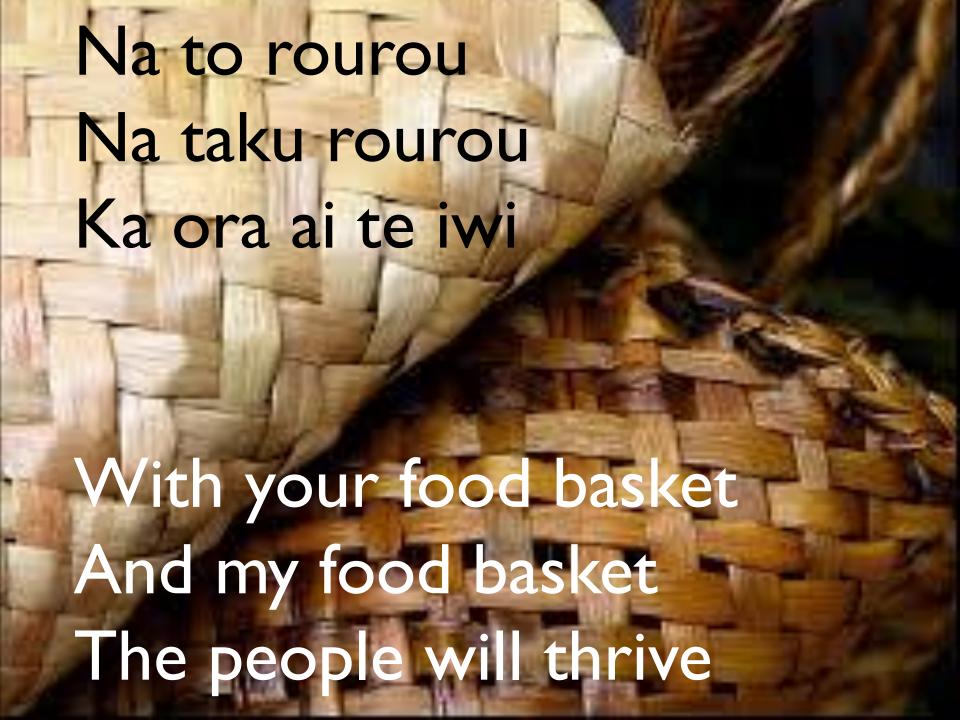
'I can live for two months on a good compliment' - Mark Twain

'One kind word can warm three winter months'

-Japanese Proverb

'Silent gratitude isn't much use to anyone'

- Gladys Browyn Stern





'The people who are crazy enough to think they can change the world are the ones that do it'