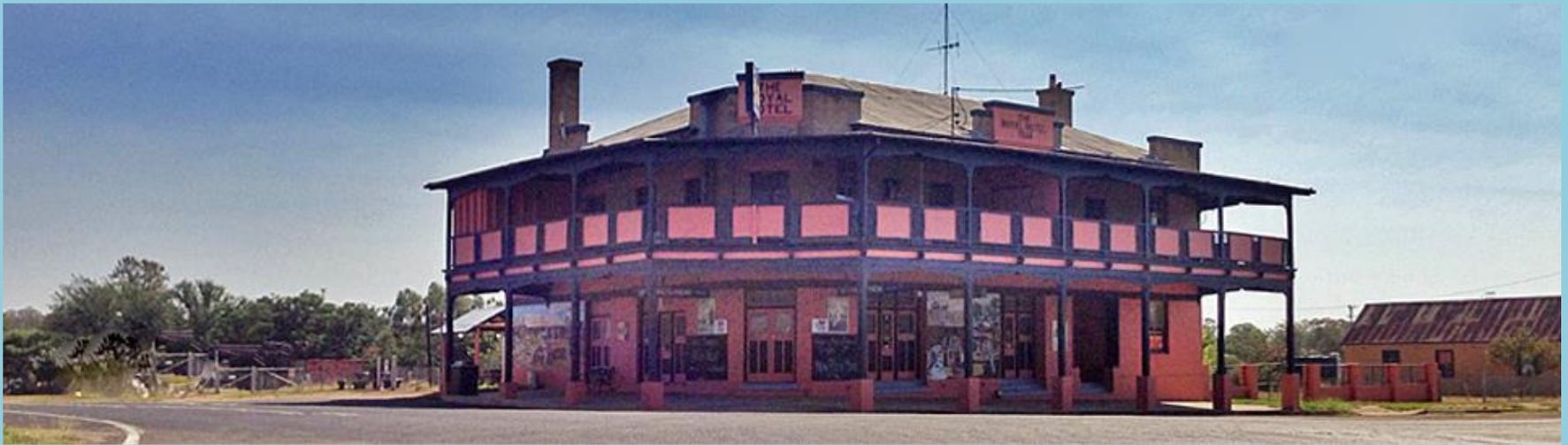


Mendooran Community Futures Workshop







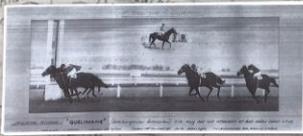
Mendooran

MENDOORAN TURF CLUB

The earliest record of racing at Mendooran is an entry in Robert Moore Richardson's diary which 'tracking at Mendooran' on May 29th 1816.

Although details of racing during the 1810s and early 20th century are scarce, there were newspaper articles reporting Mendooran racing results from 1820 to 1824 (issues published in 'THE LEP' newspaper) and from 1826 to 1829 from the 'Mudgee Times'. Both sets of reports show 'pre-race' page they record actual race times with the last event of the meeting being a 'consolation' or 'handicap' stakes for non-winning horses. At the 1829 meeting there was even a hurdle race of the 'one event, two miles, six hoops carrying 140 lbs weight for a purse of 50 pounds.

The Mendooran Turf Club has been racing on its present site since 1872. The location was established as a racemouse in March 1869. The land was donated by John Greenhalgh and the club has a perpetual trophy for the winner of the race.



1872 Gallop meeting Mendooran



In 1872, the Mendooran Turf Club began the first club in Australia to run a race over the metric distance according to A.C. records. The race was inaugurated and sponsored by Dr. J. J. McLean and the McLean family still sponsor the J. J. McLean Memorial Silver Hurdles. The race was originally run over 2000 metres but in recent years has been shortened to 600 metres to attract more horses. In the early 1890s a trophy from 1883 was donated back to the club, originally called 'The Member's Cup' and won by Mc Fitzgibbon's horse 'Swallow'. It is now called 'The Fitzgibbon Cup' and is a perpetual trophy with the club.

Some of the most famous jockeys throughout the years have been the family of the late H. B. Murray Bell who donated a large horse which was known as the 'B. B. Bell'. The Greenhalgh family and also the McLean family.

Over 100 years Mendooran has produced some famous racing figures, the most notable being champion jockeys Bill McLean and Hugh Bowman. Both men honed their skills at the Mendooran Turf Club. Other notable identities include jockey J. J. 'Tom' Munson who part owned 'Blood' winner of the 1920 A.C. and W.W. St. Ledger's 'Mury' who has trained and raced many excellent horses in NSW including 'Toy Villa', 'Sherry', 'Rockhamble' and 'Fountain'. Winner of the Lattersall's Gold Cup at Randwick in the early 1950s and the 2011 Melbourne Cup winner, owned by Professional, winner of the 2011 Melbourne Cup.







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READY FOR RELEASE: Blue Sky Cheese - Handmade in Mendooran founder Deb Kiem and new assistant cheesemaker Allison Martin with the Warrumbungle Wensleydale to be launched this week. Photo contributed.

...d...art...to use her waterco

NEW LIFE TO OLD PUBS
 Pubs are installing espresso machines and increasing their vegetarian options as cycling tourism takes off in Central West NSW. The **Central West Cycling Trail** includes 400km of quiet roads, old pubs and bakeries where cyclists call to place orders for fresh scones and jam drops.



On the trail near Wellington. Photo: Ty Down

Scones and schooners on the Central West bike trail

Collan Boys

Regional pubs are rarely known for healthy food, however a growing number of Central West bistros are providing plant-based options thanks to growing bike tourism.

"We used to get the odd cyclist pop in on a Sunday ride but since the region's new cycling trail was announced they're visiting daily," says Brad O'Leary, owner of The Hair of the Dog Inn in Ballimore, 30 kilometres east of Dubbo.

"Our lamb cutlets and parma have always been the most popular menu

See the photo gallery SMH.COM.AU

items, but with more health-conscious cyclists coming through, the vegetarian burger has become a big seller. We're now creating other plant-based dishes. It's not a big stretch to offer food which appeals to a hell of a lot more patrons."

The Central West Cycling Trail was launched in July by volunteers at the Mudgee Hushwalkers and Bike Riders group. It takes cyclists through a 400km tour of small towns and wild flowers in the Wiradjuri nation, with many opportunities for country cooking along the way. Baked treats are provided by friendly farmers.

"The food angle of the great," says David Aliv. mapped the majority of a avoid busy roads.

"I've been amazed the scone in front of cyclists the talk of the trail. People altering their stopping p

Information about pit, posted on the Central West Trail website and Facebook of the most popular place "Mayfield", homestead of farmers Sue and Geoff R. Ebra' wa. Cyclists call ahead morning teas and the Rains \$15 spread, which includes homemade pickles, rock c Anzac biscuits, coffee and.

"I'll make sandwiches a wings with salad for anyone wants lunch too," says Sue

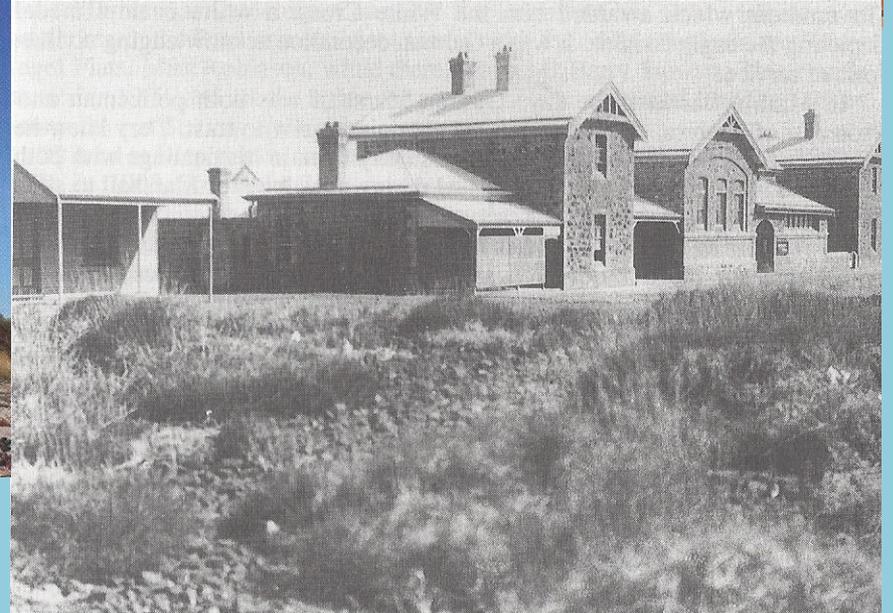
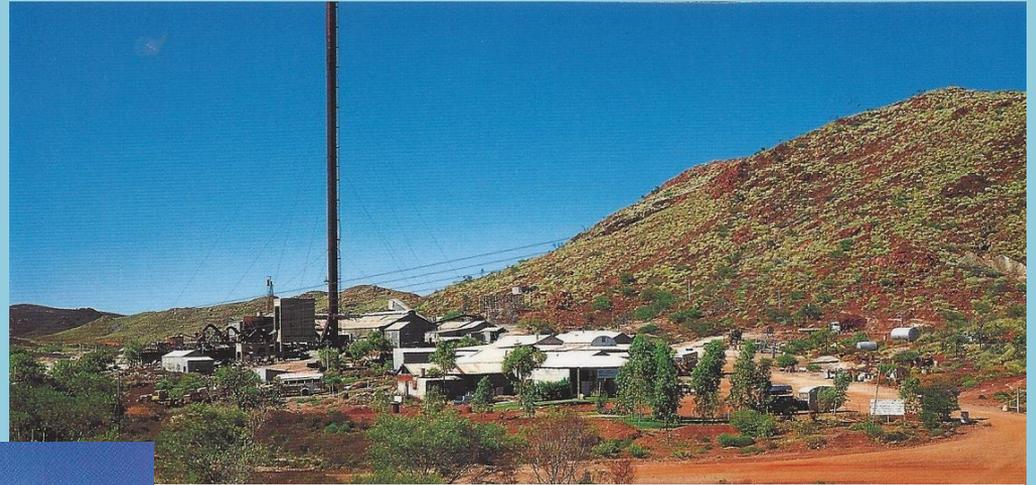
"We've been offering for past month and had 30 gr

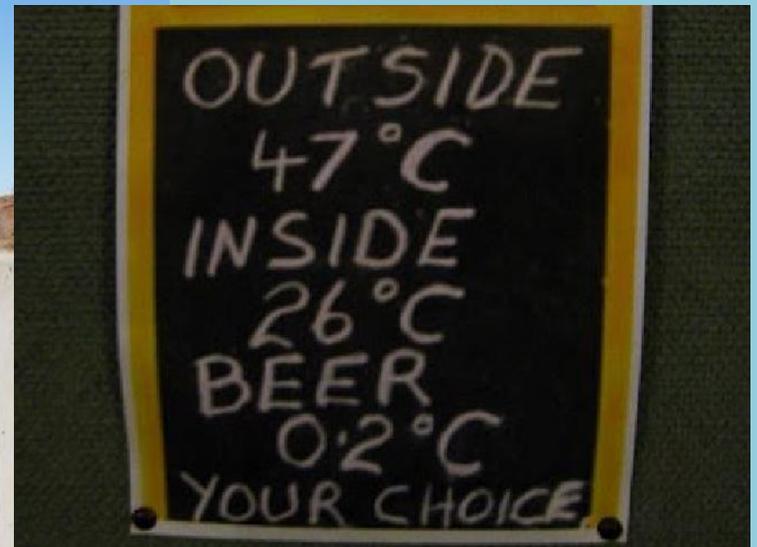


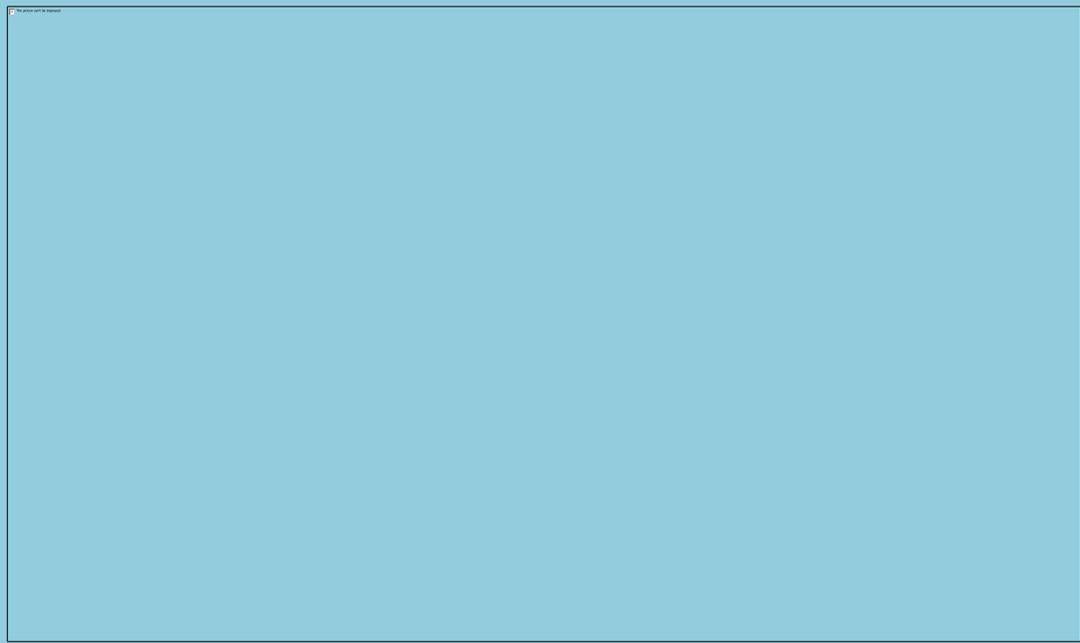
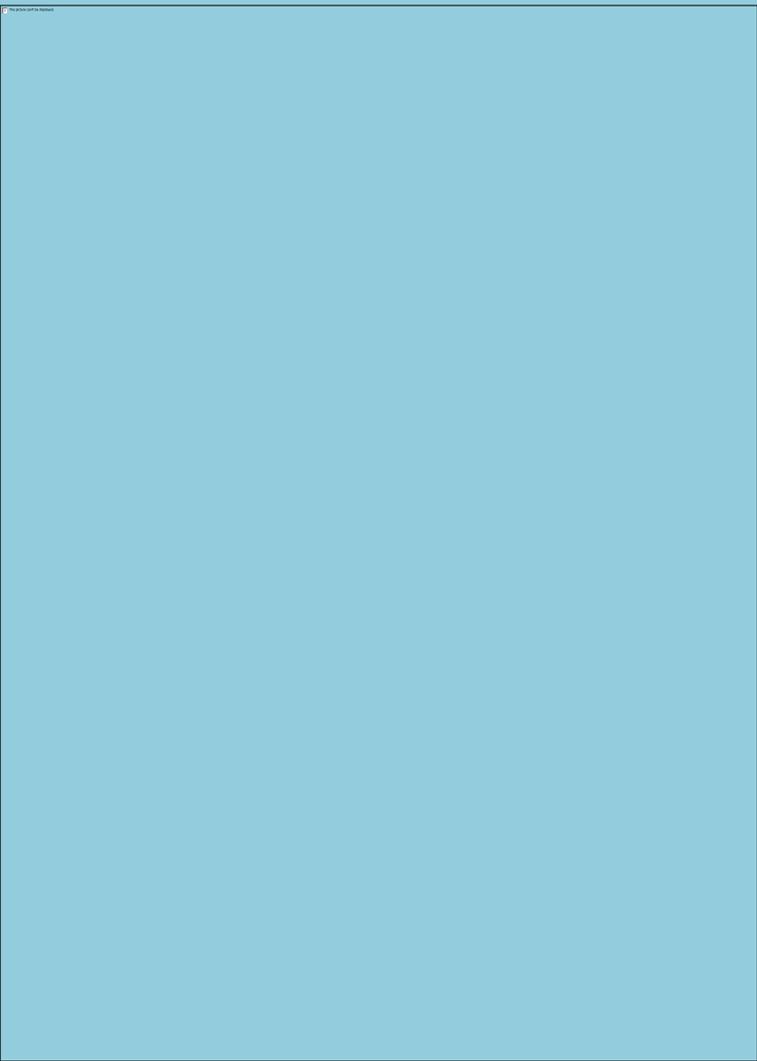
BOWC Team

'Marble Bar is best known as the stinking hot joint which is always seems to get a crack in the weather report!'

(West Australian Newspaper, 20/4/16)







'The nice thing about living in a small town is that when you don't know what you're doing, someone else does'

-Source Unknown

*'The sun does not
forget a village
just because it is
small'*

- African Proverb

**"The greatest asset of
any community is simply
people who care"**

1. About spending time with people who care

"The greatest asset of any community is simply people who care"

-Paul Born

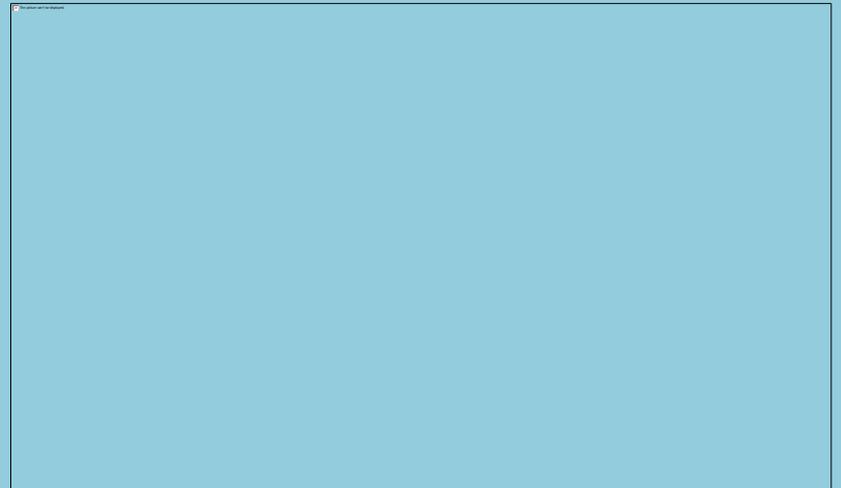


**‘Great communities
don’t just happen! -
They are created,
nurtured and sustained
by caring, connected
and involved residents.’**

(Peter Kenyon)

‘Most communities can often be compared to a football game where 30,000 people who need the exercise, turn up to watch 36 players who don’t.’

-Peter Kenyon



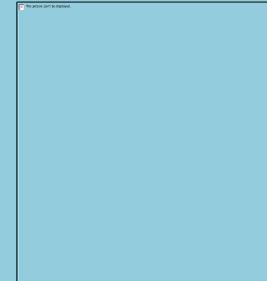
2. About community



Community Power

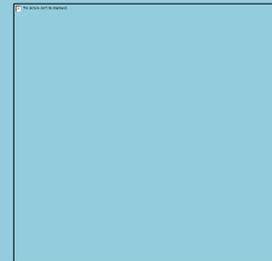
‘I work from the firm belief that “whatever the issue, community is the answer.”’

-Margaret Wheatley



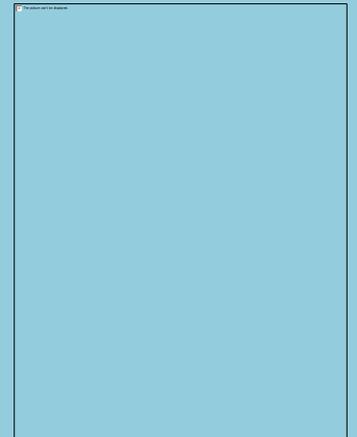
**'The wisdom of the
community always
exceeds the knowledge
of the experts'**

Harold Flaming

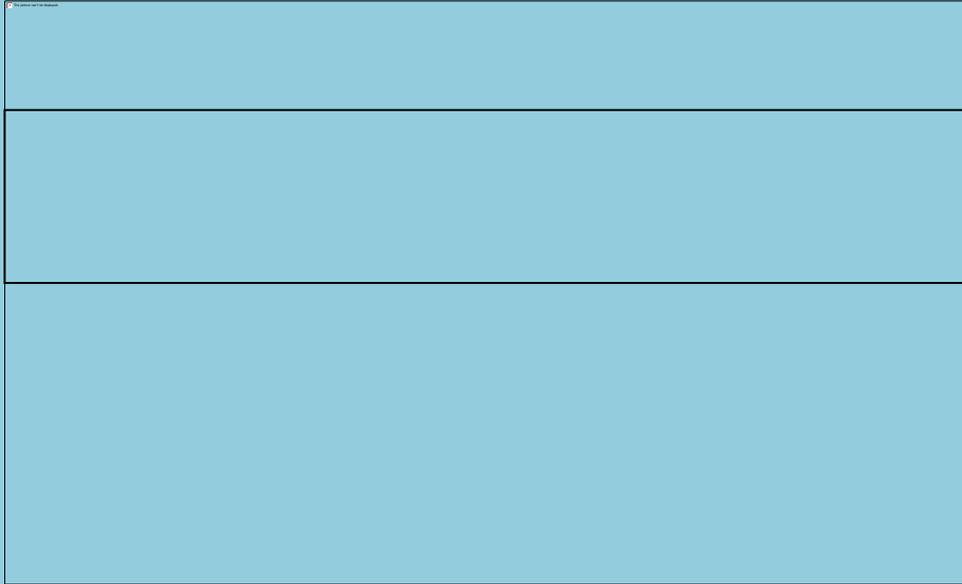


“It is not more bigness that should be our goal. We must attempt, rather, to bring people back to the warmth of community, to the worth of individual effort and responsibility...and of individuals working together as a community, to better their lives and their children's future.”

- Robert F. Kennedy



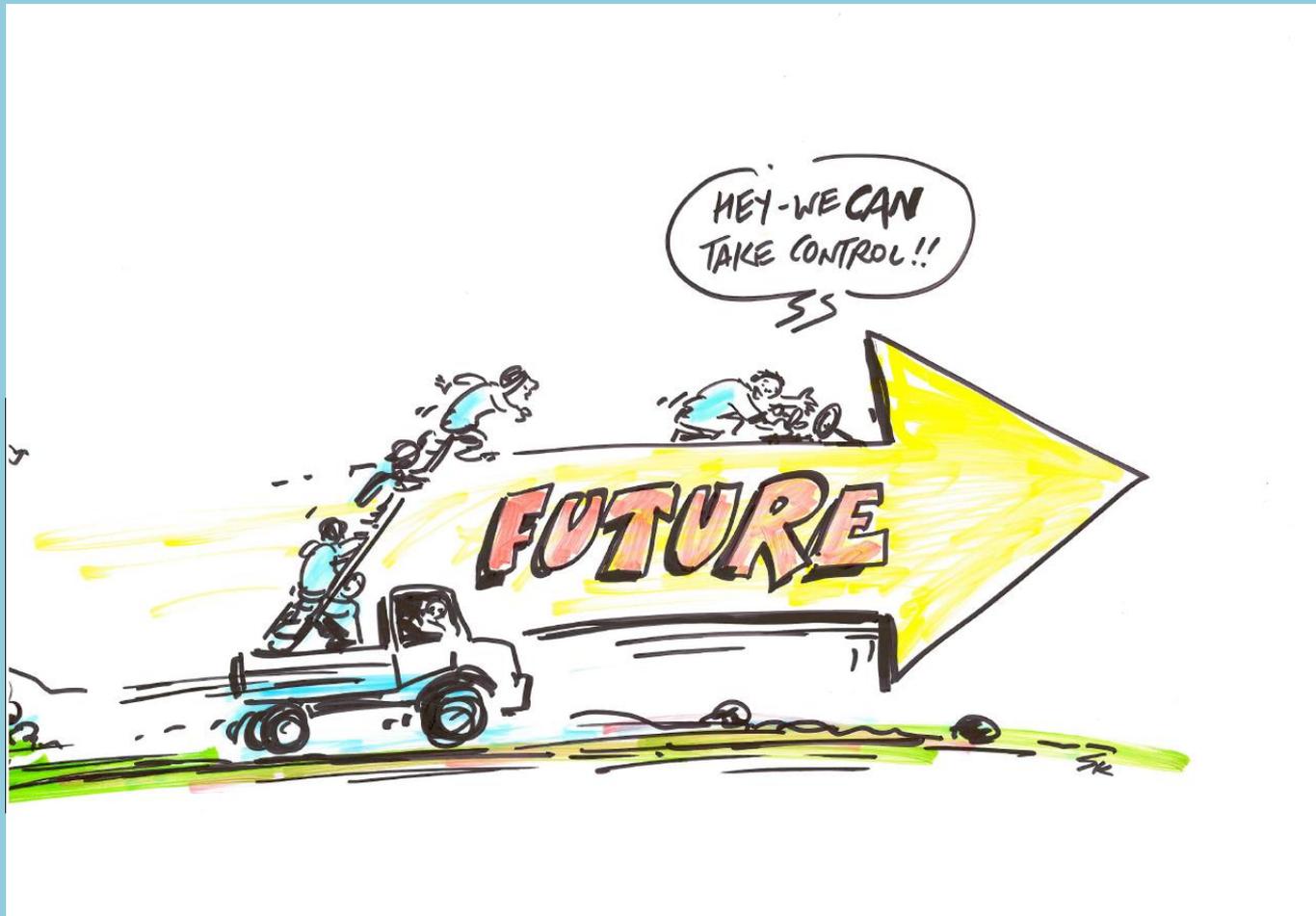
3. About the future and resilience

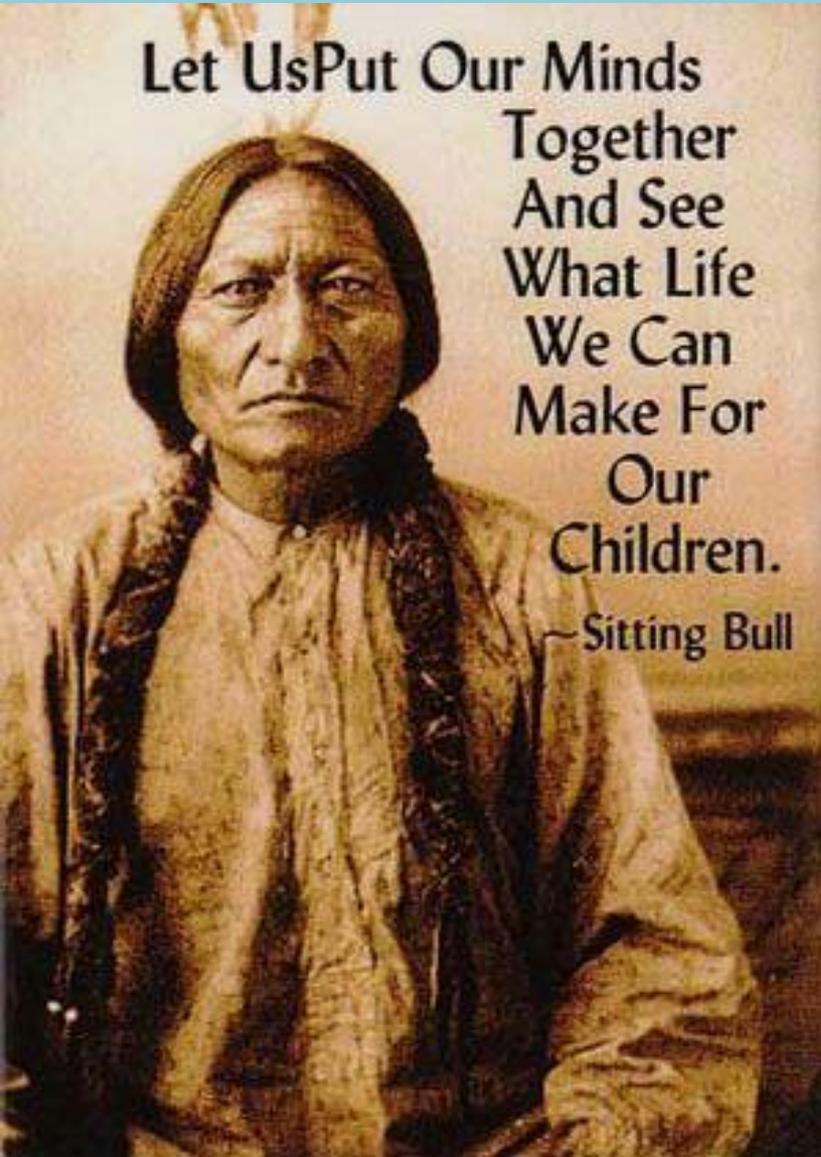


The future ain't what it
used to be!

Dareton, NSW Bank Staff in 1975

4. About collectively planning the future





Let Us Put Our Minds
Together
And See
What Life
We Can
Make For
Our
Children.

—Sitting Bull



Kulin
Welcomes
you

BUSH RACES 2 -3 -4 Oct

MISSION

Stop depopulation and loss of town services through-

- Becoming a more than “a dot on the map”.
- Building local pride and commitment.



KULIN BUSH RACES

FACEBOOK & EVENT GUIDE



30TH OF SEP. 1ST @ 2ND OF OCT 2016



For more information please contact

Marketing and Membership Committee, Kulin Bush Races, kulinbushraces@outlook.com

General Enquiries: 0800 444 444 or 0800 444 444. Website: www.kulinbushraces.com.au. Open Mon - Fri 9am - 4pm.



© Stephen Heath Photography





Kulin Community Bank





Tin Horse
- Highway -





Lamara Davis







'Kulin
Open
Doors'
and 'Kulin
By Night'





Baby boom: Kulin mums Casey Williams with Amriah Spencer, Cindy Mullan with Parker, Steph Marh with Mae Bradford, Gen Whisson with Huxley and Elle Bowey with Will. Picture: Daniel Wilkins



DELIVERY RATES

Average number of babies in a woman's lifetime

Highest fertility rate

- 3.30 Brookton
- 3.29 Meekatharra
- 3.12 Kulin
- 3.04 Gnowangerup
- 2.96 Kununurra
- 2.75 Dowerin
- 2.70 Newman
- 2.63 Morawa
- 2.62 Moora
- 2.58 Northam, South Hedland

Lowest fertility rate

- 0.9 Perth City
- 1.10 North Coogee
- 1.26 Bull Creek
- 1.29 Mt Lawley-Inglewood
- 1.32 Murdoch-Kardinya
- 1.33 Bateman, Willetton
- 1.34 South Perth/Kensington
- 1.35 North Perth, Mosman Park/Peppermint Grove, Riverton/Shelley/Rossmoyne
- 1.40 Applecross/Ardross, Winthrop
- 1.41 Ocean Reef

Source: Australian Bureau of Statistics

KULIN SHOWS US HOW TO DO IT

KULIN is fertile in more ways than one, with ideal growing conditions for wheat, sheep — and babies.

New Australian Bureau of Statistics data reveals the women in the small Wheatbelt town — best known for its Tin Horse Highway — are among WA's most fertile.

Kulin's fertility rate was 3.12 babies born to each woman over the course of her lifetime.

It's part of a baby boom in country WA, with the top 10 most fertile locations

dotted across our vast State.

In 2016, more than 35,000 babies were born in WA, including 72 in Kulin, 280km east of Perth.

Another Wheatbelt town, Brookton, has WA's highest fertility rate at 3.3.

WA's average fertility rate is 1.89. The least fertile areas were Perth CBD (0.9) and North Coogee (1.1).

Kulin Shire president and local farmer Barry West, who raised four kids with wife Peta, said the town owed its mini population boom to a

strong community spirit.

"Kulin is very accepting of new people and everyone volunteers to help out for different things like our bush race," Mr West said.

"We've got a lot of young professionals who have moved here in recent years and built homes here.

"We've got some great facilities here for young families including a strong playgroup for young parents, day care and good medical services."

Gen Whisson moved to

Kulin eight years ago with husband Ben and the couple are parents to 19-month-old son Huxley.

The 33-year-old works as a private farming consultant and is about to open a florist business.

She said her previous job as a senior project officer for Kulin Shire to help promote local tourism attractions had given her plenty of scope to broaden her skills.

"I think a lot of people tend to misjudge small country towns but there's

always so much going on," she said.

She said getting involved in volunteering was a "big part of country life".

Cindy Mullan, 33, who lives on a pig and wheat farm with three kids and husband Brenton, said the town was family oriented and had great facilities for families.

"Everyone makes an effort to include you in sporting games and kids' groups and there's a great childcare centre," she said.

Regina Titelius

5. About generating ideas

**‘Ideas make the world go
around.**

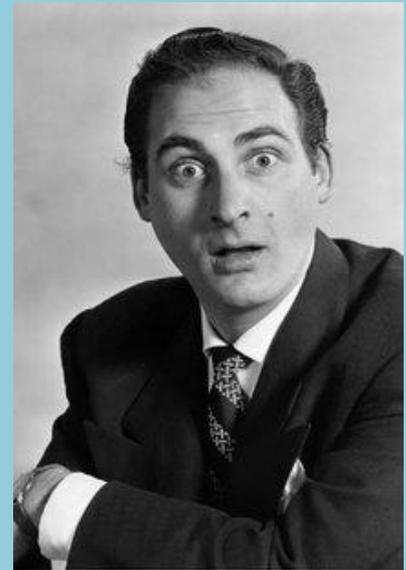
**People in communities and
business today
live and die by their ideas’**

-Michael Kiely



**"Whoever invented the
first wheel was smart.
Whoever invented the
other three was the
genius"**

-sid Caesar

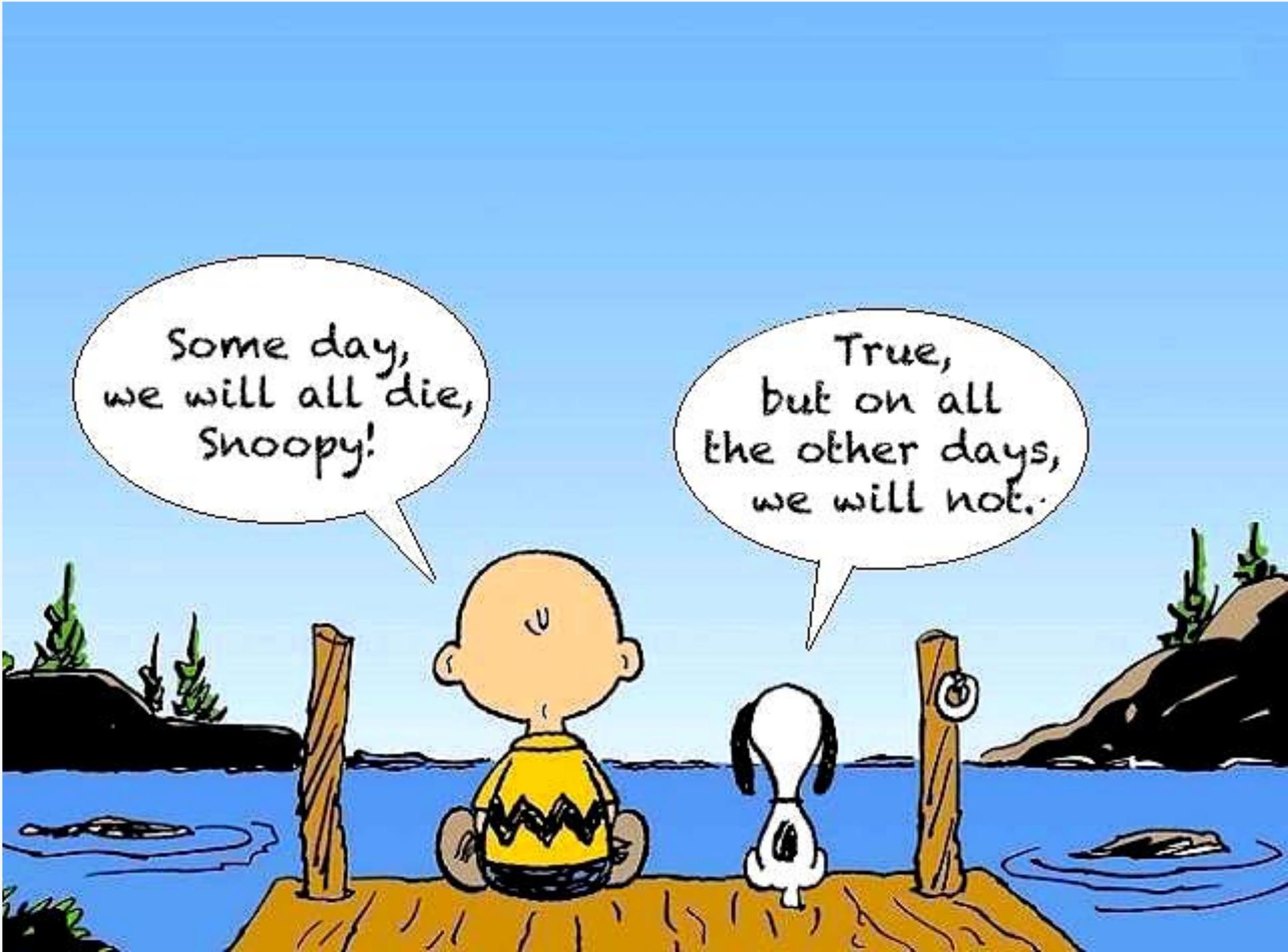


5. About positive using conversation

"One of the things we need to learn is that every great change starts from very small conversations held among people who care."

-Margaret Wheatley





Some day,
we will all die,
Snoopy!

True,
but on all
the other days,
we will not.

That's
Me!

Welcome!

Let's greet two other workshop participants that we have not spoken to in the last month.

Six Key Categories of Community Assets

1. People's passions, skills, connections and experiences and above all, what they care about
2. The physical world
3. Community associations
4. Institutional assets
5. Economic/business assets
6. Cultural assets-stories, traditions, heritage

Paper & Sand by Chloe



Paper & Sand by Chloe



Paper & Sand by Chloe



OLD COOTS GIVING ADVICE
It's probably bad advice, but it's free.



ASSET MAP:

PEOPLE ASSETS
Passions, interests, skills, connections ...

INSTITUTIONS
Government agencies, NGO's, schools, neighbourhood houses ...

PHYSICAL ENVIRONMENT
Green spaces, public spaces, structures, key buildings ...

LOCAL ECONOMY
Formal and informal businesses, markets, buy and swap opportunities ...



SOCIAL NETWORKS
Clubs, local associations, informal groups ...

CULTURAL ASSETS
Stories of pride, heritage, cultural activities, multicultural expressions





Creative tool...

Café Conversations

The World Café





SUSAN

GLENS

DAN

Conversation Etiquette:

1. Check in old disputes, feuds and ideologies at the door!
2. Focus on what matters.
3. Speak your heart and mind.
4. Show respect - keep ideas, opinions and comments short.
5. Listen to understand.
6. Focus on the positive rather than debate the past.
7. Have fun!

Regain
 Diversity of business
 Small scale business
 Reserve trees - give people

Retain
 Open spaces - local parks trees
 Leaky green suburbs.
 Retain outcrops.
 Diversity of business.
 Green, diverse / community water - Council lead delivery.

ARE THE IMPLICATIONS OF ABCD THE FCR DCO?

Diverse Options

Renewal

PERFE

NETWORKING

Looking Outside the box.

Improvement!

CHANGE!

Better service for members

More Positive View of DCO!



Possibilities

Challenging

Clear focus
Change Management
Trying to engage more people.

Inclusive
Empower
Encourage
Community Connections
Community ownership
- more relevant

Partnership
Goal setting
Collaboration
Encouraging new ideas!

Values
Clearer
Resources
Application



Values
Clearer
Resources
Application



Conversation Question-

Our ideal Baradine in
two years time?

...what would it look
like and feel like,
and what would be
happening?

Our ideal Baradine in two years time? ...what would it look like and feel like, and what would be happening?

Love/Retain

Our ideal Baradine in two years time? ...what would it look like and feel like, and what would be happening?

Regain

Our ideal Baradine in two years time? ...what would it look like and feel like, and what would be happening?

Change

Can figure out what these seven words all have in common-

1. Banana
2. Dresser
3. Grammar
4. Potato
5. Revive
6. Uneven
7. Assess

Can figure out what these seven words all have in common-

1. **B**anana
2. **D**resser
3. **G**rammar
4. **P**otato
5. **R**evive
6. **U**neven
7. **A**ssess

Can figure out what these seven words all have in common-

1. anana**B**
2. resser**D**
3. rammar**G**
4. otato**P**
5. evive**R**
6. neven**U**
7. ssess**A**

Problem Scenario

You are driving in a car at a constant speed.

On your left is a valley and on your right is a fire engine traveling at the same speed as you.

In front of you is a galloping pig which is the same size as your car and you cannot overtake it.

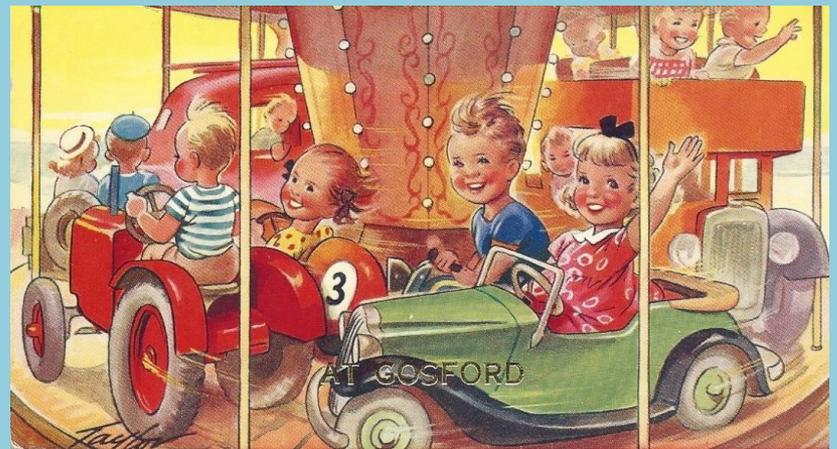
Behind you is a helicopter flying at ground level.

Both the giant pig and the helicopter are also traveling at the same speed as you.

What must you do to safely get out of this highly dangerous situation?

Solution

Never ride the children's merry go round when you are drunk. Get off. You will be safe.



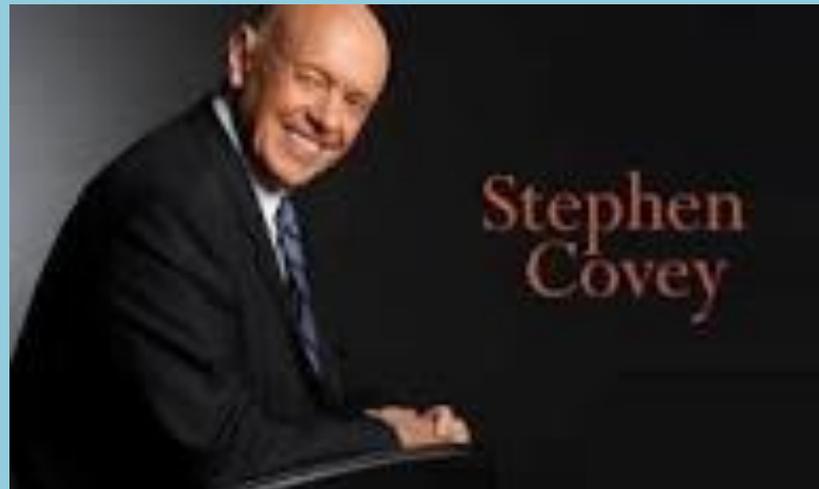
'Finished files are the
result of years of
scientific study combined
with the experience of
many years of experts.'

How many 'f's do you see?

'Finished files are the
result of years of
scientific study combined
with the experience of
many years of experts.'

How many 'f's do you see?

'Strength lies in differences, not similarities'.



Our ideal Baradine in two years time? ...what would it look like and feel like, and what would be happening?

Start

SYTIVITCA

RETAIN

- strong Indigenous presence & culture
- sporting activities ●
- motivated community members
- happiness

REGAIN

- Arts Centre & Cultural Village ●●●●●
- respect for Elders
- ground tour operators ●
- Community spirit (e.g. Christmas Parade/Party)
- Youth Club (dances etc) ●●●●●
- local businesses (e.g. bakery, pharmacy, bank, hairdresser)
- pride in the town
- personal control (taking personal responsibility)
- community rules & standards

CHANGE

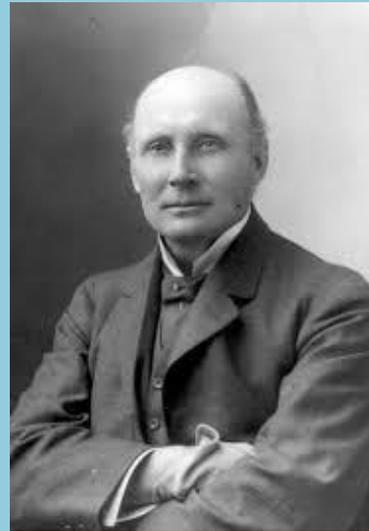
- alcohol
- drug use
- gambling
- discipline
- less crime
- rule
- town cleaner (mass participation, community responsibility)
- appearance
- towards development
- maintained, appropriate, ●
- able
- it to educate ('stepping stone')
- perception & image ^{stronger}
- opportunities for people ●

WHAT IS
HALI
LOOK
AND



*'Ideas won't keep.
Something must be
done about them'*

**-Alfred North
Whitehead**



*'Dream big.
Start small.
Act now'*

- Robin Sharma



**'Never doubt that
a small group of
committed
citizens can
change the world.
Indeed, it is the
only thing that
ever has.'
-Margaret Mead**

