Volunteering in Tough Times"



Organised by the Building our Warrumbungle Communities Project

Descentation by Dates Komes



BOWC Team

Paul Born

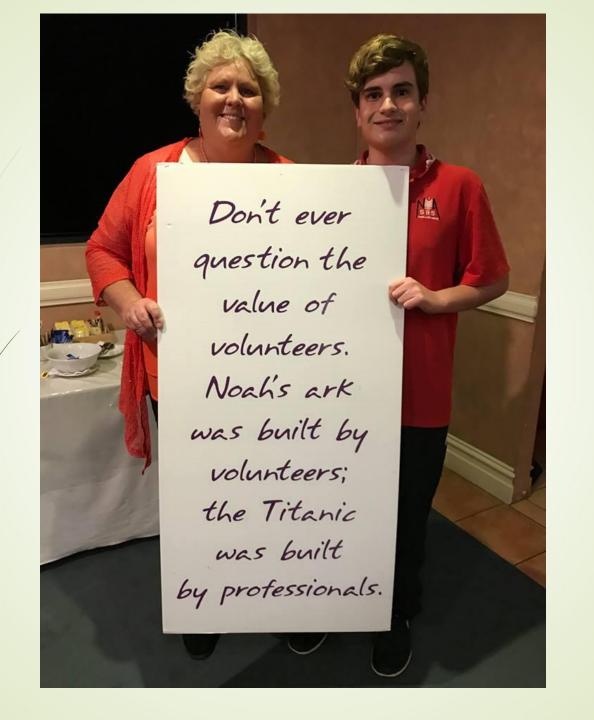


'People who care are a community's greatest asset.'

Robert Orben



'I want to thank and pay tribute to all of our volunteers those dedicated people who believe in all work and no pay'



Former Governor-General Sir Ninian Stephen



'Volunteers are so essential a part of the complex mechanism of our communities that without them the whole fabric of society would be placed at risk'

Judy Esmond



'Whenever the sadness in this world seems too much, I only have to spend time with volunteers who are giving of their time and my faith in what the human race can actually achieve is once again restored'

"Most communities can be compared to a football game where 30,000 people who need the exercise, turn up to watch 36 players who don't"

-Peter Kenyon









'We have simply outsourced citizenship!'

-Peter Kenyon

Tim Costello



'The greatest issue facing most communities is the problem of commitment. People with civic values who put in the unpaid, honorary hours, the teachers and the mentors are disappearing'

1. Recognise the Contributions of All in

Every single person has capacities, abilities, gifts and ideas, and living a good life depends on whether those capacities can be used, abilities expressed, gifts given and ideas shared'

-Jody

Kretzmann

World Health Organisation (WHO) Definition of Mental Health-

'a state of wellbeing in which the individual realises his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.'

Mike Green



'A strong and healthy community has a "treasure hunt" mentality in which residents look at everyone as bearing gifts'

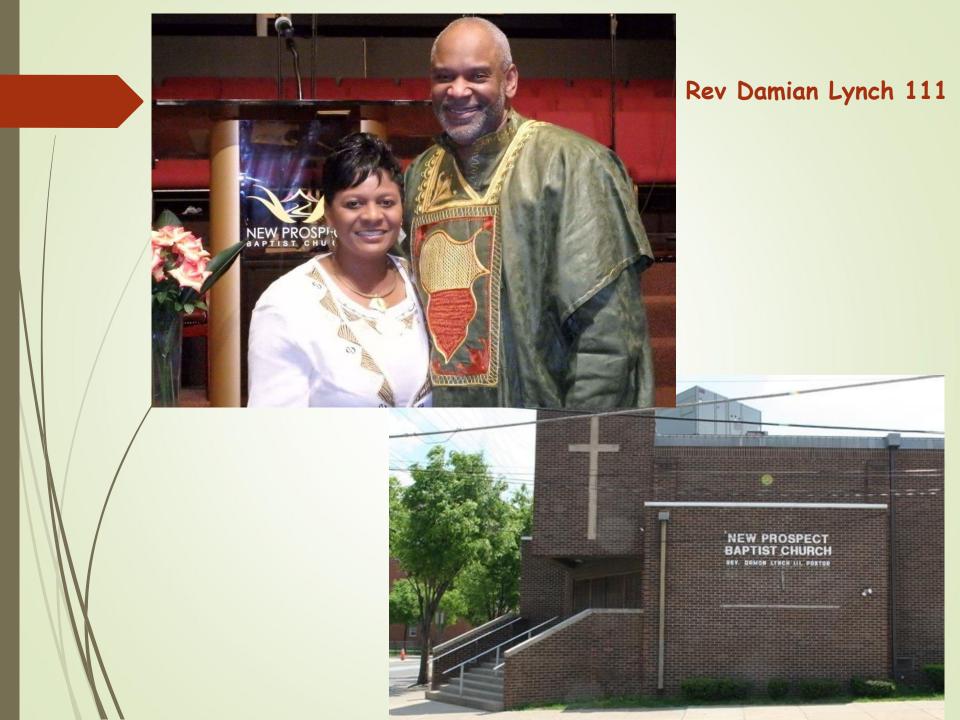
Labelled People:

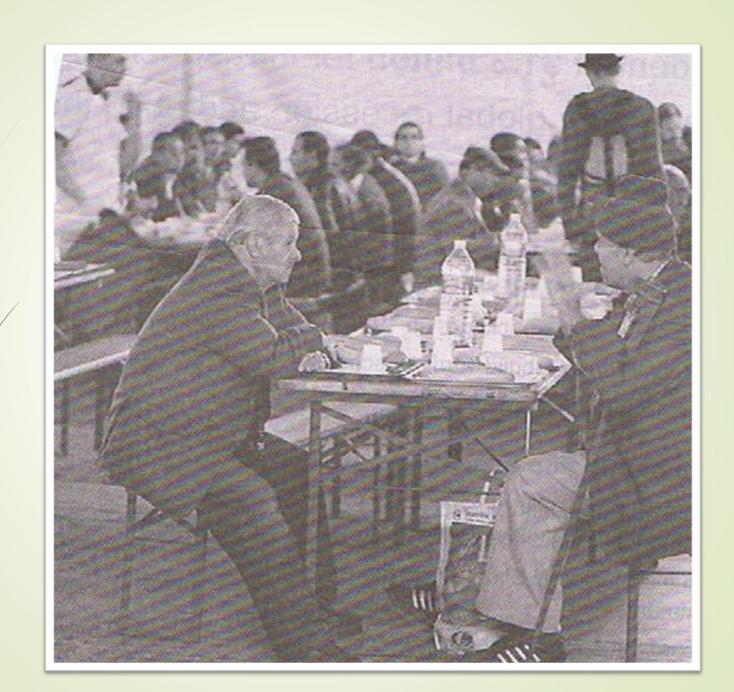
- Homeless
- Unemployed
- Low income person
- Non-English speaking
- Single parent
- Addict
- Offender
- Old person
- At-risk youth
- Person with disability





Edna Freeman, Geraldton





New Prospect Baptist Church Survey Guidelines

Introduction

My name is _____.

- 1. What is your name?
- 2. Did someone talk to you about what the 'Gift Exchange' is all about?
- 3. What do you understand it to be?
 Basically, we believe that everyone has God-given talents and gifts that can be used to benefit the community. I'd like to spend a few minutes talking to you about your gifts and skills.

Gifts

Gifts are abilities that we are born with. We may develop them, but no one has to teach them to us.

- 1. What positive qualities do people say you have?
- 2. Who are the people in your life that you give to? How do you give to them?
- 3. When was the last time you shared with someone else? What was it?
- 4. What do you give that makes you feel good?
- 5. If you could snap your fingers and be doing anything, what would it be?

New Prospect Baptist Church Survey Guidelines

Skills

Sometimes we have talents that we've acquired in everyday life such as cooking and fixing things.

- 1. What do you enjoy doing?
- 2. If you could start a business what would it be?
- 3. What do you like to do that people would pay you to do?
- 4. Have you ever made anything? Have you ever fixed anything?

Dreams

Before you go, I want to take a minute and hear about your dreams - those goals you hope to accomplish.

- 1. What are your dreams?
- 2. If you could snap your fingers and be doing anything, what would it be?

We were feeding folks, but we were not getting to know them.

(Damian Lynch 111, New Prospect Baptist Church Pastor)

Open doors for all to contribute their gifts

'EVERY LIVING PERSON HAS SOME GIFT OR CAPACITY OF VALUE TO OTHERS. A STRONG COMMUNITY
IS A PLACE THAT RECOGNISES THESE GIFTS AND ENSURES THEY ARE GIVEN.
A WEAK COMMUNITY IS A PLACE WHERE LOTS OF PEOPLE CAN'T OR DON'T

GIVE THEIR GIFTS.'

-Jody Kretzi

2. Discover and invite around what people care about!

"Everyone cares about something and that passion is his or her motivation to

Jody Kretzmann

Canadian Survey: Why People Volunteered

82% of respondents said:

'because someone who they knew, asked them do something they liked doing'

Community Skills and Passion Audit

Our organisation seeks to inspire and support local residents to discover the strengths and opportunities of our local community, and engage in community projects that 'make a difference'. This audit sheet seeks to identify community residents who may be able to share their interests and experiences with students.

Any information shared will only be shared with your permission.

Name:	Today's Date:
Position:	2
Address:	
Contact No:	Email:
Please list 2 – 4 things	in each category – things you are happy for us to know about you.
HEAD (things I know something history, conservation, business ma	a about, and would enjoy talking about, or teaching to others about, e.g. local inagement etc)
HANDS (things I know how to a cooking, jewellery making, using th	do and enjoy, e.g. project organisation, gardening, painting, rock climbing, ne internet, sign language etc)
HEART (things I care deeply ab rights, youth unemployment etc)	cout, e.g. environment, intergenerational activities, animal welfare, women's
COMMUNITY INVOLVE	MENT (groups / committees / clubs I am a part of)
be kept on file and sto	orm to our group postal () or email (). This information will ored in the school office. Information can be updated at any time. form came from the LEAD ON Organisation in Bendigo, Victoria)



Things I know something about, and would enjoy sharing



HEART

Things I care deeply about



HANDS

Things I know how to do and enjoy



FEET

Contacts and Networks I have



Local History

Don – dblack@gmail.com



HEART

Young people's active involvement in community

Don – dblack@gmail.com



HANDS

Creating a Facebook page

Don – dblack@gmail.com



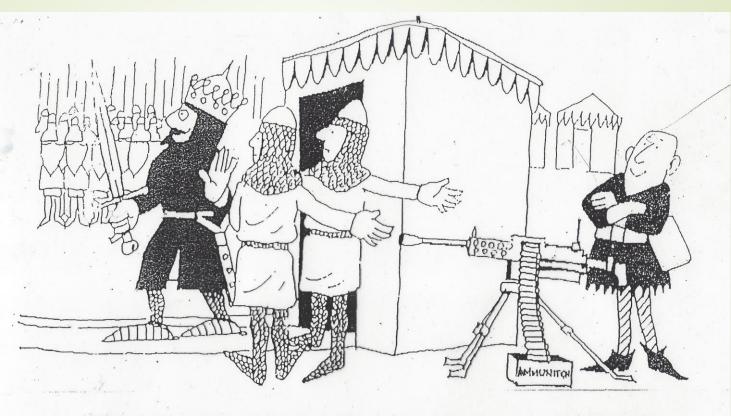
FEET

Member of the local Rotary Club

Don – dblack@gmail.com







"TELL HIM WE HAVEN'T GOT TIME FOR ANY OF HIS BRIGHT IDEAS - WE'VE GOT A BATTLE ON OUR HANDS!"

My BIG Idea for my community...

The "My Big Idea" Postcard is an opportunity to share your great ideas for your community (you know, the ones that come to you in the shower!).

Tell us your Big Ideas for what your community needs to look like, be like and feel like in the future ... and the best actions to make it a reality.

Your Big Ideas are about creating an exciting vision of your community's future.

"Nothing else in the world is as powerful as an idea whose time has come."

Victor Hugo





My BIG idea for our community is ...

And I could contribute to making it happen by ...

Name:

Contact phone/email:

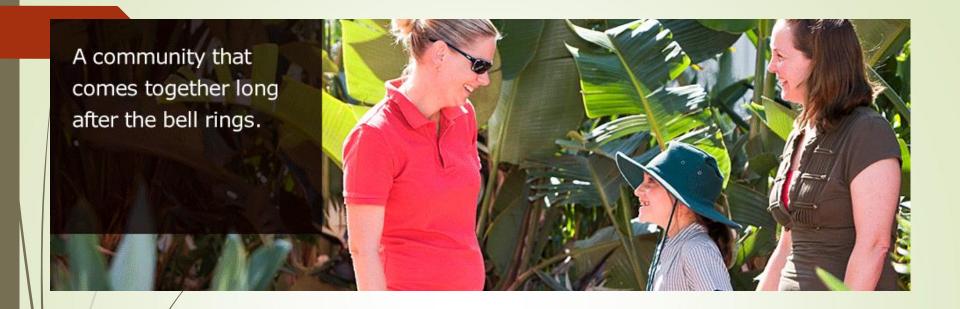
"The best way to get great ideas is to have lots of them." (Thomas Edison)

Denver D'Cruz Inclusion Solutions



Three Club Questions-

- What is your job?
- What are your two main passions?
- What skill could you contribute to our Club?



Holy Cross Wooloowin

Key Dimensions of the Holy Cross School Parents and Friends' Association's Contribution to the School Community

SOCIAL	PASTORAL	RESOURCING	FINANCING	FUNDRAISING	ENVIRONMENTAL	EDUCATION
Welcome BBQ	Monetary Support for those in need	Class Resources as required	P&F Account Audit	Festival – Sunday 3 rd June	Working Bees (as needed)	Library Funding
Co-ordination of Class co- ordinators	Donations to relevant Charities	Art Funding	P&F Federation Levy	School Musical Support (Bi Annual)		Arts Funding
Festival	Benevolent Fund	Band Funding	Provide Resourcing as listed	Uniform Shop		Band Funding
Drinks at AGM	Food Bank	PE Equipment via Coles Vouchers Promotion	Tuckshop Accounts	Election BBQ - State		Class Room Resources
School Disco		Library Resourcing	Uniform Accounts	Election BBQ - Council		Computers / IT
State of Origin night		Class Room Improvement		Bunnings BBQ		
Mothers' Day Dinner		Tuckshop		Entertainment Books		
Mothers' Day Stall		Uniform Shop		Pizza Days		
Fathers' Day Stall		Grants Committee		School Disco		
		Computers-IT				I be read to be

'Just one thing'



HOLY CROSS SCHOOL

P&F Association ABN: 66 021 021 289 CRICOS Provider No: 00546K

40 Morris Street, Wooloowin Qld 4030 - Ph (07) 3857 2443 Fax 3357 9532

Website: www.hcpswooloowin.qld.edu.au

Dear Parents/Carers and Friends,

Please see the Holy Cross School P&F Association's "Key Dimensions" document (overleaf) outlining the activities our P&F are involved with and the list (below) of social and fundraising ventures planned for 2012. At Holy Cross, we encourage all families to assist with 'at least one thing' throughout the school year to help raise funds for the improvement/maintenance of facilities and resources to benefit our children and the entire school community.

We understand everyone has a busy schedule juggling work and family commitments, however it would be greatly appreciated if every family would volunteer to assist with events/functions/tasks this year. Please use the form below to nominate your preferences for volunteering and return to our school Office or via email: pfhcps@bne.catholic.edu.au by February 29.

Thank you for your consideration, Peter, Maddie, Toni and Tony on behalf of HCS P&F

2012 Social/Fundraising Ventures and Services

- Uniform Shop
- Tuckshop
- Class Co-ordinators
- State Election BBQ/Cake Stall (March)
- Council Election BBQ/Cake Stall (April)
- Disco (April/May)
- Mothers' Dinner (May)
- Mothers' Day Stall (May)
- Festival volunteers (June)
- State of Origin Night' Event (June)
- Bunnings BBQ (July)
- Pizza day (July)
- Disco (August)
- Working Bee (August)
- Fathers' Day Stall (September)
- School Musical (September)
- Pizza day (October)

P&F Association Volunteer Nomination

l,
(name)
parent of, (please write name and grade of eldest child at HCS) wish to be involved with the following
activities at Holy Cross School:
•
•
•
Please contact me via (email/phone/txt)
e:
h:
m:

David Beebe



"We need to stop interrupting what people are interested in and be what people are interested in."

Michele Obama



'People really want to get involved. They really want to. They're looking for a way to turn their frustration, excitement, anxiety into action. The theme of my work in community for my entire life is that there are assets and gifts in community out there in communities, and that our job as good servants and as good leaders is having the ability to recognize those gifts in others, and help them put those gifts into action. Communities are filled with assets that we need to better recognize and mobilize if we're really going to make a difference'

3. Engage this Group!

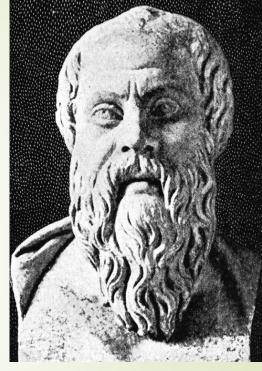


Historic View Of Young People...

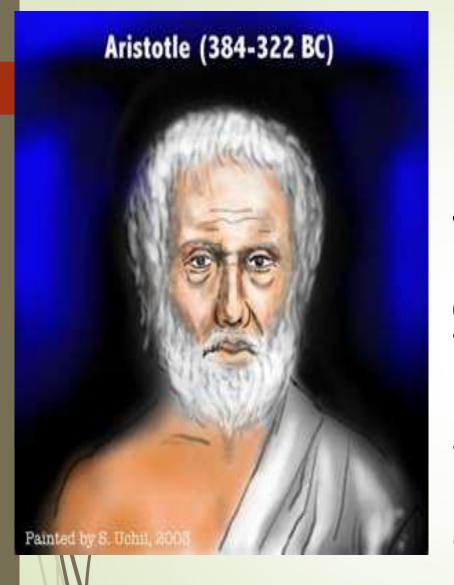


Cause problems, have problems, are problems.

'Our youth today now love luxury; they have bad manners, contempt for authority, disrespect for older people. Children now days are tyrants, they no longer rise when elders enter the room, they contradict their parents, they chatter before company, gobble their food and tyrannise their teachers. They have execrable manners, flout authority, have no respect for their elders. What kind of awful creatures will they be when they grow up.



SOCRATES (500BC)



'When I look at the younger generation, I despair for the future of civilisation.

'The youth of the present day are quite monstrous. They have absolutely no respect of dyed hair.'

OSCAR WILDE

Youth is such a wonderful thing.
What a crime to waste it on children.'
GEORGE BERNARD SHAW

TEONA

Latin word from which the word teenager originates.

It means 'grief, strife and misery'

'Youth are the leaders of today, not tomorrow. We are assets, not liabilities. We are solutions, not a problem to be solved'

(Sooraya Mentor, South Africa)

Nelson Mandela, former President of South Africa



'There can be no keener revelation of a society's soul, than the way it treats its children and young people.

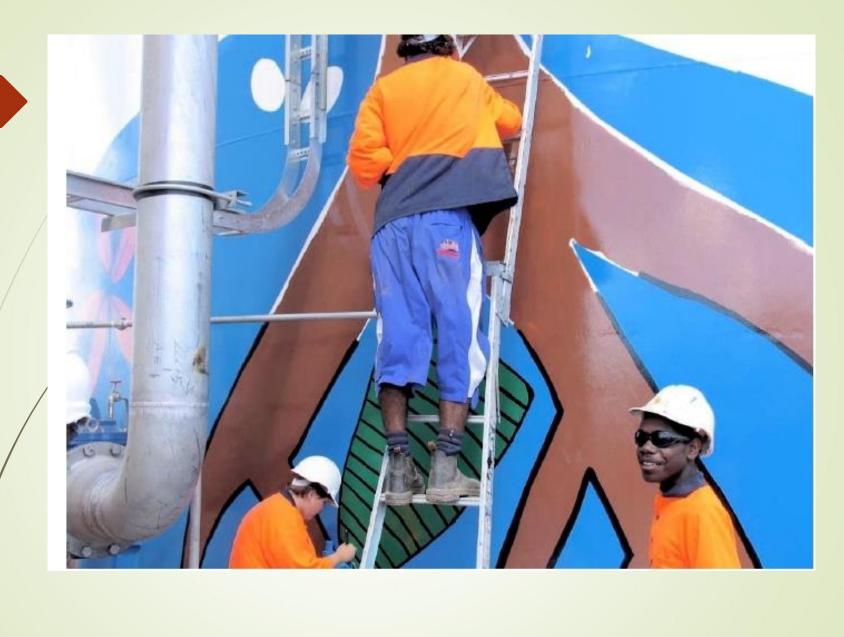




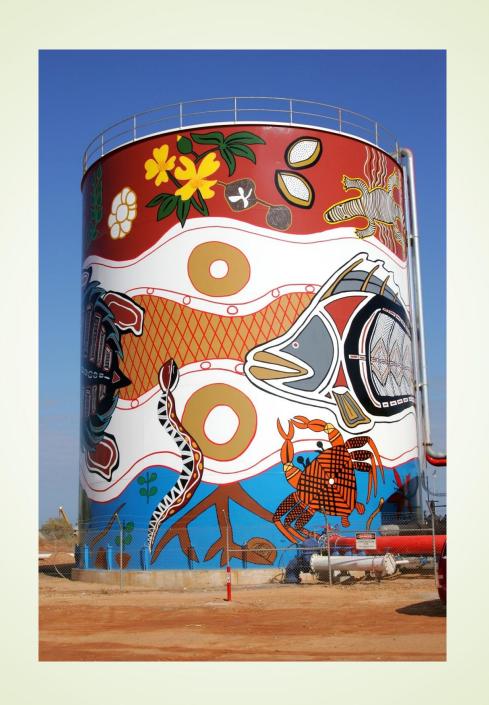
















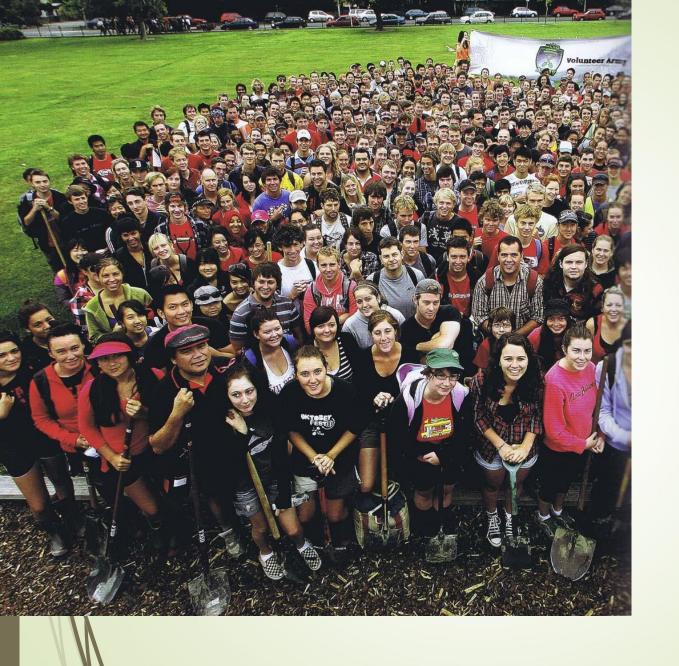


Saturday, July 26, 14



Sam Johnson





Student Volunteer Army

-9000 students -75,000 hours of work -moved 360,000 tonnes of silt, sludge and rubble





Practical and Useful Youth Involvement Resources

- 'RuMAD? Are You Making a Difference? (Bank of I.D.E.A.S.)
- 'Community Minded Kids' (Community Minds)
- · 'Dream Seeds ' (YouThrive)

4. Have Fun!

'The usual trouble with volunteers is not killing them with overwork, but boring them to death'

-Harold Seymour

Jim Diers



'Why call a meeting, when you can have a party'



Top Ten Reasons Why Volunteers Leave

Reason #10

The reality of their experience is not what they expected when they signed on.

Reason #9:

They don't like the work they are being asked to do nor how it is being done.

Reason #8:

Veteran or leadership volunteers won't let them into the "insider" group.

Reason #7:

They spend more time meeting than doing.

Reason #6:

No one listens to their suggestions.

Reason #5:

They feel unrecognized, and see that thanks are unfairly given to everyone, no matter who did the most work or none at all.

Reason #4:

They are no longer asked to participate.

Reason #3:

They do not actually understand how to get more involved.

Reason #2:

They can no longer see how their involvement makes a difference.

And the #1 reason volunteers leave is: It stopped being fun.

Top Reason Why Volunteers Leave?

"It stopped being fun!"



Lesmurdie Surf Club



Coffin of Democracy

5. Recognise and Reward Volunteers!

"Volunteer burnout is doing too much, with too little, for too long"

-Source Unknown

'The formula for successful volunteering that emerges from this study appears to go something like this - proud opportunities for personal achievement, allow volunteers to make new discoveries about themselves and others, and enable them to feel they are forming social bonds and strengthening their community. Mix with appropriate training, feedback and recognition and you have volunteers who feel energised by the assignment, see it as fun to do and complete it feeling better than when it started!'

-Volunteer Centre Ottawa Study 'Why People Volunteer'

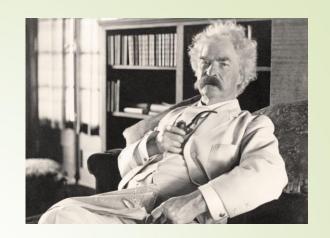
Key Four- Treat and Reward Members/Volunteers well

"Silent gratitude isn't much use to anyone"

- Gladys Browyn Stern



Mark Twain



'I can live for two months on a good compliment' -

> 28 Useful Tips for Recruiting Volunteers

>83 Ways to Retain, Recognise and Reward Volunteers



Mandurah Volunteer Marine Rescue Group was one of the groups recognised recently at the Volunteer Appreciation Evening.

Nod of appreciation for local volunteers

EVENING GIVES THANKS TO EMERGENCY SERVICES

second Volunteer Apprecia- she said.

munity spirit demonstrated by for the community." awards.

TEN emergency services the critical role they play in Chloe James. Mandurah State groups were represented at the protecting our community," Emergency Service, Falcon

Performing Arts Centre on wolunteers represent what the Fire and Rescue Service, Man-Mandurah spirit is about: durah Volunteer Marine Res-Mayor Marina Vergone ac-helping others, reaching out, cue Group and Dawesville Amknowledged the strong com- and giving up valuable time bulance Volunteers won unit

"Local emergency service went to Pam Bennett, Steve Awards recognise those who volunteers donate their time Peraldini, Warwick Webb and display outstanding dedicato preserve life and property. John Ree, while the team tion, community involvement and it's important to recognise award went to Liam Gould and and personal attitude.

Volunteer Fire and Rescue tion Evening at Mandurah Our emergency service Service, Mandurah Volunteer,

emergency service volunteers. Community Spirit Awards The Community Spirit

Giving back has its own rewards card

A CASH bonus is up for grabs for community groups that are quick to sign up to a new City of Swan program in Janu-

The Membership Rewards Card program is free to registered members of volunteerled community associations and offers discounts to them and their families at participating local businesses.

To encourage them to sign up businesses, the first 10 eligible groups that deliver six correctly completed business registration forms between January 11 and January 27 will receive \$100.

Robert Gardiner, who volunteers with sports club Binar Sports and Swan View Community Association, has signed up 12 businesses to the program.

"Most businesses have welcomed the opportunity to get more customers simply by supporting their local community," he said.

"It is not hard to give a local business something that is designed to help them for free."

Mr Gardiner said the program was beneficial for both community groups and businesses.

"The community groups I volunteer with exist for the

benefit of the people in the place I live," he said.

Gardiner with a reward care

"These groups can only be effective if they can attract and keep lots of members.

"I see the Membership Rewards Card as a way to give our members help with the challenge of existing from day to day in this tough economic world."

The program is a collaboration between the City, Swan Chamber of Commerce, Reporter publisher Community Newspaper Group and Membership Action Division www.swan.wa.gov.au/mad. community network.



For more information and registration forms, visit Laura Pond

#Communitynews

Gary Vaynerchuk

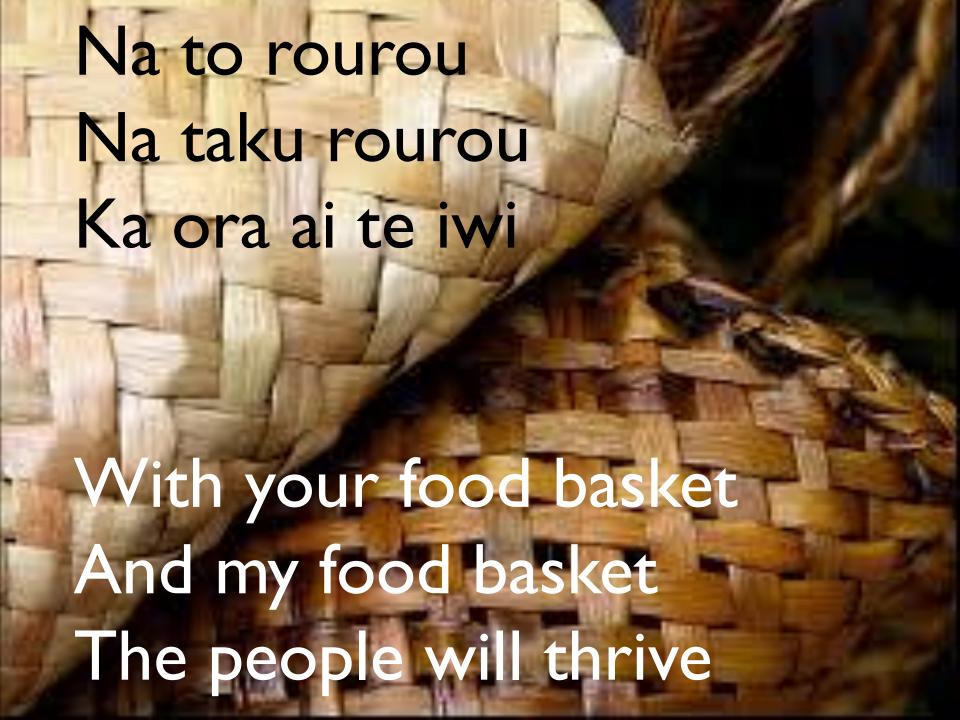


"The best marketing strategy ever: CARE."

5 Keys to recruiting and retaining volunteers

- 1. Recognise the cotributions of all in community.
- 2. Discover and invite around what people care about.
- 3. Engage young people.
- 4. Have fun.
- 5. Recognise and reward volunteers.

What am I going to do different tomorrow?





Contact Details

Peter Kenyon

pk@bankofideas.com.au

www.bankofideas.com.au